

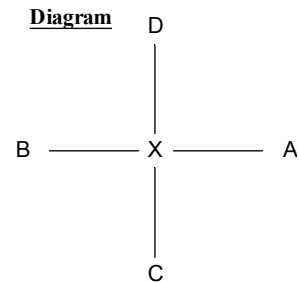
SAGI MAKGI

Junbi: Narani junbi sogi

17 Movements

Definition:

4 direction block



START: Parallel Ready Stance

1. Move the right foot to C, forming a left walking stance toward D while executing a low block to D with the left knifehand.
2. Move the right foot to D, forming a right walking stance toward D while executing a middle side block to B with the right inner forearm.
3. Move the right foot to A, forming a left walking stance toward B while executing a low block to B with the left knifehand.
4. Move the right foot to B, forming a right walking stance toward B while executing a middle side block to B with the right inner forearm.
5. Move the right foot to D, forming a left walking stance toward C while executing a low block to C with the left knifehand.
6. Move the right foot to C, forming a right walking stance toward C while executing a middle side block to C with the right inner forearm.
7. Move the right foot to B, forming a left walking stance toward A while executing a low block to A with the left knifehand.
8. Move the right foot to A, forming a right walking stance toward A while executing a middle side block to A with the right inner forearm.

END: Bring the right leg back to ready posture (Junbi).

Repeat in opposite direction.

	Stance	Section	Obverse / Reverse	Technique
1	Gunnun sogi	Najunde	Baro	Bakuro sonkal makgi
2	Gunnun sogi	Kaunde	Baro	Bakuro an palmok makgi
3	Gunnun sogi	Najunde	Baro	Bakuro sonkal makgi
4	Gunnun sogi	Kaunde	Baro	Bakuro an palmok makgi
5	Gunnun sogi	Najunde	Baro	Bakuro sonkal makgi
6	Gunnun sogi	Kaunde	Baro	Bakuro an palmok makgi
7	Gunnun sogi	Najunde	Baro	Bakuro sonkal makgi
8	Gunnun sogi	Kaunde	Baro	Bakuro an palmok makgi
9	Narani junbi sogi	-	-	-

Blocks

Outer knifehand block
Outer forearm block

Makgi

Bakuro sonkal makgi
Bakuro an palmok makgi

Move Number

1, 3, 5, 7
2, 4, 6, 8

Stances

Parallel ready stance
Walking stance

Narani junbi sogi
Gunnun sogi